



RTC Sailor wins top Seabee honor

By PHI(AW/SW) V.K. SCHAEFER
NSTC Public Affairs

The Society of Military Engineers has selected BU1(SCW/FMF) Jerry L. Johnson as the recipient of the 2005 Marvin Shields Award.

Marvin G. Shields was a construction mechanic third class serving with the U.S. Navy Seabee Team 1104 at Dong Xoai, Republic of Vietnam. For his conspicuous gallantry during the ensuing battle, at the risk of his own life above and beyond the call of duty, Petty Officer Shields was posthumously awarded the Medal of Honor.

In 1973, The Society of American Military Engineers chose to recognize Petty Officer Shields by establishing the Marvin Shields Award. The award is offered annually by the Society to recognize enlisted men and women of the construction ratings for noteworthy technical ability, exemplary leadership, and outstanding performance.

Johnson, who is currently a recruit division commander at Recruit Training Command, Great Lakes, was selected based on extraordinary accomplishments while assigned to U.S. Naval Mobile Construction Battalion One Air Detachment during Operation Iraqi Freedom 2004-06.

He was instrumental in orchestrating material requirements for a challenging

logistics convoy over open, mine-laden desert territory.

While in the Al Anbar Province, the Fallujah-Ramadi corridor, his technical expertise was put to the test when he led his team to build a chowhall for the Second Marine Expeditionary Force (II MEF). Johnson delivered timely construction of the dining facility despite numerous indirect enemy fire and sporadic ground attacks.

"Winning this award is huge," noted Johnson, a five-year veteran who hails from Georgetown, Ill. "It's a top honor for a Seabee. It means a lot but it's more for the troops. It wasn't just my efforts that won the award; I had a great unit in Iraq. We did some amazing things. I share this award with them."

The award recipient is selected by a committee; designated by the Chief of Civil Engineers. The committee will normally include the deputy assistant chief of civil engineers, the master chief petty officer of the Seabees, and a representative from the First Naval Construction Division.

"Petty Officer Johnson's impressive performance exemplifies the extraordinary Seabee 'Can do' legacy for which Marvin Shields serves as the ultimate example," said Rear Adm. Michael K. Loose, chief of civil engineers.



CWO4 Derek Stewart instructs the Army/Navy 101 Combat Training Course class at Ft. Sheridan on U.S. Army Force Structure. Photo by FC2(SW) Jason Mosher

Sailors receive crash course in Army culture at Fort Sheridan

By JIM BOYLAN
Associate Bulletin Editor

Five Sailors, heading to assignments in the Middle East and the Horn of Africa, got an abbreviated course in U.S. Army Structure and Culture at the Army Intelligence Reserve Center in Building 181, Fort Sheridan, Ill. on May 24. This particular one-day session consisted of a

modified classroom on U.S. Army force structure, a demonstration of the Humvee, and anti-personnel mine familiarization.

Lt. Col. Al Nevarez, Commander, North Central, Army Reserve Intelligence Support Center, Fort Sheridan, said that each of the units were established to provide sustainment, pre-mobilization and post mobilization for the Army National Guard and Reserve,

See **ARMY CULTURE** page 2

Ukrainian Navy visits RTC

Commander Kirilmr Sinitsin of the Ukrainian Navy takes in the sights of the USS Chief, Recruit Training Command's firefighting trainer, as part of a weeklong tour of RTC. He and two other Ukrainian naval officers are visiting Great Lakes to find out how the U.S. trains Sailors, and take some of those methods home since they are expanding their recruit training program from two to six weeks.

Photo by FC2(SW) Jason Mosher



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Now hear this!

The Naval Station's main gate is scheduled to open June 19! Stay tuned.

'Change of command at REDCOM MW'

Foster takes helm today.
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Find out what's happening at Great Lakes!

Visit the Great Lakes official websites at www.nsgreatlakes.navy.mil and www.nstc.navy.mil

Sailors warned of VA data compromise

WASHINGTON (NNS) — The Department of Veterans Affairs (VA) announced June 3 that active-duty Sailors may be affected by the theft in May of military personnel data.

According to the VA, a duplicate database with data files was stolen from a VA employee's home May 3. While the VA has received no reports that the stolen data has been used for fraudulent purposes, they are asking all veterans to be extra vigilant and to carefully monitor bank statements, credit card statements and any statements relating to recent financial transactions.

Several resources are available for people to go to for more information. The Department of Veterans Affairs has set up a special Web site (www.firstgov.gov) and a toll-free telephone number (800-FED-INFO or 800-333-4636) that feature up-to-date

news and information on the data compromise. The site offers tips on how to check credit reports, how to guard against identity theft and whom to call if an individual believes any fraudulent activity is occurring using his or her personal information.

The Navy and Department of Defense are working closely with the VA to determine how many Sailors and other service members may be affected by the compromise of records. Sailors whose information has been compromised will be notified by a letter from the VA and the Navy so they can take the appropriate steps.

Tips on how to watch for suspicious activity include the following: Closely monitor your bank and credit card statements for fraudulent transactions. Monitoring accounts online is the best way to detect fraud early.

Place a 90-day fraud alert on your credit report, which tells creditors to contact you before opening any new accounts or making any changes to your existing accounts. This action may cause some delays if you are trying to obtain new credit.

It is only necessary to contact one of three companies to place an alert. That company is then required to contact the other two.

The three companies are Equifax (800) 525-6285, www.equifax.com; Experian (888) 397-3742, www.experian.com; and TransUnion (800) 680-7289, www.transunion.com.

Once the fraud alert has been posted, you are entitled to free copies of your credit reports. Review these reports for inquiries from companies you haven't contacted or accounts you didn't open. The alert can be

renewed after 90 days.

Sailors are advised to take the following steps if they discover fraudulent accounts or transactions: Contact the financial institution to close the fraudulent account(s) that have been tampered with.

File a report with the local police department.

File a complaint with the Federal Trade Commission by phone at 877-438-4338, online at www.consumer.gov/idtheft or by mail a letter to Identity Theft Clearinghouse, Federal Trade Commission, 600 Pennsylvania Avenue NW, Washington, DC 20580.

Other Web sites with more information on how to guard against identity theft include: www.privacy.ca.gov/sheets/cis3_english.htm www.co.boulder.co.us/da/consumer/idtheft.htm

Reclaim uniform clothing sale nets a savings of \$12K

Sailors found bargains at the reclaim uniform clothing sale held on the patio of Galley 535 last week. Naval Station Galley/Uniform Issue Department employees assisted in the setup, selling, and breakdown of the event.

One hundred and ninety-seven customers were served at the sale which collected over \$4,000, and resulted in over \$12,000 in savings to Sailors.

"The reclaim sale is one of the best examples of helping Sailors and saving taxpayers' dollars," said Lynn Norwood, Uniform Issue department head. "Since 2001 we have increased the quality of life for Sailors by providing them gently used uniforms at a reduced price, saving them over \$924,000."

All money collected from these sales is deposited directly into the Treasury of the United States.



SA Cathleen Loe and SN Habetamu Desta check out merchandise at the reclaim uniform clothing sale held by the Naval Station Galley/Uniform Issue Department. Photo by Judy R. Lazarus

HPC focuses on entire performance system

By JUDY R. LAZARUS
Bulletin Associate Editor

Improving performance involves more than just the individual, according to the Navy's Human Performance Center (HPC), established by the chief of naval operations in 2003. Studies have revealed that poor performance is caused by a number of different factors, such as organization, structure, tools, processes, and manning.

Human performance takes into account anything that affects the achievement of desired goals. Analyses are made at individual, team and organizational levels.

This new command, with its job of managing human performance, was established as a direct result of Task Force Excel and the Executive Review of Navy Training.

Although individual performance is considered in the solving of problems, simply instituting additional training is not the answer, said Kate Harker, detachment lead, Human Performance Center Naval Service Training Command (HPC NSTC) Detachment. Less than 20 percent of the problems deal with training, she noted.

"It's usually a mix of problems," Harker said. "We look at the entire environment - the individual, the team, and the unit processes."

"Our responsibilities include improving performance, making it better, faster, cheaper, and safer. We look at all areas and come up with root causes. The goal is to make things more effective and efficient."

The HPC identifies and recommends

See HPC page 13

Army culture

(Continued from page 1)

pre-mobilization and post mobilization for the Army National Guard and Reserve, Navy, Marine Corps, and Air Force for intelligence personnel deployed to support an Army mission.

"I brought Admiral Jones (Rear Adm. Gary Jones, commander Naval Service Training Command) to the Center at Fort Sheridan. He was unaware of what we all do here at ARISC. I gave him a tour of the facility and briefed him on our program and overall mission. He was very impressed and enthusiastic about the way the Army 101 program is heading," said Nevarez.

The Army 101 Program is a self-developed program tailored for Navy and Air Force personnel to answer the question of "where do I fit in" with "Warrior Core Tasks" (IET and Sustainment), a part of the Army 101 Program. "This training is for Sailors ranging in rank from E-3 to O-6 who have received Individual Augmentee (IA) orders, but is not limited to those Sailors, to support the U.S. Army in combat zones around the world," added Nevarez.

After this introduction class at Fort Sheridan, Sailors will participate in a two-week tailored training course required by the in-theater Coalition Forces Land Component Command (CFLCC). This training includes combat survival skills, convoy operations, forward operating base force protection, security procedures and urban combat operations as part of the Warrior Skills Training.

The Navy wanted their personnel to experience more realistic and intense training before being deployed, with a several-week program to be compressed into days or weeks. The Navy approached the Army to provide this theater-specific individual readiness training for Sailors to be sent into combat zones.

When the Sailors report for more exten-

sive training at McCrady Training Center, Fort Jackson, S.C. or Fort Benning, Ga, they are immersed in Army atmosphere. They are issued desert camouflage uniforms with body armor, a Kevlar helmet and small-arms weaponry. Each day is used to maximize the potential of the individual by honing skills to make them productive in a combat environment.

In the advanced training, one of the biggest challenges for most Sailors is becoming familiar with Army culture and to become comfortable and proficient with the various weapons they will use in theater. This familiarization program, called weapons immersion, may run for several days and emphasizes basic weapons concepts, proper shooting techniques and safety principles (PMI). Sailors live with their weapons, either the M-16A2 or the 9mm pistol. They also receive familiarization training on hand grenades, the M-249 squad automatic weapon, M240B machine gun, MK-19 grenade launcher, M-60 machine gun and the M-2 or "Ma Deuce" .50-caliber heavy machine gun.

"Cultural differences must be overcome in order to truly communicate with other servicemembers and they with us," said Charlier.

All phases of Army 101 training attempts to instill the Soldier's mindset into the Sailor while providing weapons training. The instructors push the Sailors to organize and operate as teams in patrol techniques, communications, land navigation, first aid, medical evacuation and urban assault scenarios.

"The Army instructors here at the Army Reserve Intelligence Support Center have done an excellent job establishing a great working relationship with the Sailors and imparting their knowledge gained through experience," said Nevarez.

For more information on the IA mission, go to Navy Knowledge Online at www.nko.navy.mil.

Great Lakes Bulletin

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Foster takes command of REDCOM Midwest

By PH1(AW/SW) V.K.SCHAEFER
NSTC Public Affairs

Capt. Michael J. Foster, USNR, assumed command today of Naval Reserve Readiness Command Midwest (REDCOM Midwest), aboard Naval Station Great Lakes. He relieved Capt. James E. Monahan, USNR at a change of command ceremony on Ross Field.

Rear Adm. Craig O. McDonald, commander, Navy Reserve Forces Command, New Orleans, La. gave the keynote remarks.

Prior to reporting to REDCOM Midwest, Foster was assigned as deputy director and Navy reserve operational support officer while assigned to the Reserve Forces Directorate, U.S. Northern Command at Peterson Air Force Base, Colo.

Monahan was assigned as deputy com-



Capt. Michael Foster



Capt. James Monahan

mander, REDCOM Midwest in November 2003 and assumed command of the region in July 2004. His next assignment will be with the Office of Chief of Navy Reserve,

Washington D.C.

During his tenure, Monahan distinguished himself through superior leadership and professionalism, including man-

aging the mobilization of 1,700 Sailors from 26 Navy Operational Support Centers in support of the Global War on Terrorism.

He played an integral role in the execution of active reserve integration, efficiently integrating reservists from six states into Navy Region Midwest operations. REDCOM Midwest achieved and maintained the highest billet-assignment rate in the Reserve force, effectively and efficiently matching skill-sets and requirements.

"The most rewarding part of this job for me has been working with the 85,000 great Navy reserve Sailors out in the field," said Monahan. "I enjoyed going out and visiting with them, hearing first hand what their issues were and working with my staff to do our level best to improve the quality of their service, and to help them be the most ready Navy reservists that we could possibly have to go forward and fight the war on terror."

Osteoporosis, the 'silent' stealer of bone

By KATHY SERBIN

Women's Health Clinic
Naval Health Clinic Great Lakes

Osteoporosis, or brittle bone disease, is a disease characterized by low bone mass and architectural changes in bone tissue, leading to bone fragility and an increased risk of fractures (broken bones).

Osteoporosis is a major public health threat for more than 28 million Americans. While osteoporosis is often thought of as an older person's disease, it can strike at any age. In 2002 more than 10 million individuals, eight million American women and two million men already had the disease and over 18 million more have low bone mass, putting them at risk of developing osteoporosis. One in two women and one in eight men over the age of 50 will have an osteoporosis-related fracture in their lifetime.

Osteoporosis is responsible for more than 1.5 million fractures annually. The most typical sites of fractures related to osteoporosis are the hip, spine, wrist, and ribs, although the disease can affect any bone in the body. Although women suffer twice as many hip fractures as men, men have worse outcomes after a hip fracture.

Over 30 percent of men will die in the first year after a hip fracture. An average of 24 percent of all hip fracture patients die in the year following their fracture.

A woman's risk of hip fracture is equal to her combined risk of breast, uterine and ovarian cancer. In 1991, about 300,000 Americans age 45 and over were admitted to hospitals with hip fractures. Osteoporosis was the underlying cause of most of these injuries. One-fourth of those who were ambulatory before their hip fracture require long-term care afterward. White women 65 or older have twice the incidence of fractures as African-American women.

Eighty percent of those affected by osteoporosis are women. Women can lose up to 20 percent of their bone mass in the 5-7 years following menopause, making them more susceptible to osteoporosis.

Osteoporosis, however, is not confined to white and Asian individuals. In fact, 10 percent of African American women over the age of 50 have osteoporosis and an additional 30 have low bone density. Significant risk has been reported in people of all ethnic backgrounds.

The estimated national direct expenditures (hospitals and nursing homes) for osteoporosis

and associated fractures was \$13.8 billion in 1995 (\$38 million each day) and the cost is rising. Expenditures for the disease are expected to exceed \$60 billion by the year 2030.

Osteoporosis is often called the "silent disease" because bone loss occurs without symptoms. People may not know that they have osteoporosis until their bones become so weak that a sudden strain, bump, or fall causes a fracture. Collapsed vertebrae may initially be felt or seen in the form of severe back pain, loss of height, or spinal deformities such as kyphosis or stooped posture.

Certain people are more likely to develop osteoporosis than others. Some risk factors are: being female, thin and/or small frame, advanced age, a family history of osteoporosis, being postmenopausal, including early or surgically induced menopause, abnormal absence of menstrual periods (amenorrhea for more than 12 months), anorexia nervosa or bulimia, a diet low in calcium, an inactive lifestyle, cigarette smoking, excessive use of alcohol, and being Caucasian or Asian, although African Americans and Hispanic Americans are at significant risk as well.

Specialized tests called bone density

tests can measure bone density in various sites of the body. A bone density test can detect osteoporosis before a fracture occurs, as well as predict your chances of fracturing in the future and determine your rate of bone loss and/or monitor the effects of treatment if the test is conducted at intervals of a year or more.

By about age 20, the average woman has acquired 98 percent of her skeletal mass. Building strong bones during childhood and adolescence can be the best defense against developing osteoporosis later.

There are four steps to prevent osteoporosis. No one step alone is enough to prevent osteoporosis, but all four may. They are: a balanced diet rich in calcium and vitamin D, weight-bearing exercise, a healthy lifestyle with no smoking or excessive alcohol intake, bone density testing and medication when appropriate.

Although there is no cure for osteoporosis, there are medications approved by the FDA for women and men to either prevent and/or treat osteoporosis. The Women's Health Program topic of the month is osteoporosis and there will be a talk given by Rosanne Lowrie, NP at Forrestal Village Chapel on June 15 at 1-2 p.m. Children are welcome.

NSWC Crane providing Constitutional upkeep

By PH1(AW/SW) V.K.SCHAEFER
NSTC Public Affairs

A little over 300 miles southeast of Great Lakes is a little-known base, Naval Surface Warfare Center (NSWC) Crane, Ind. Its main focus is harnessing the power of technology for the warfighter specializing in the acquisition and fleet support of electronics, ordnance and electronic warfare products and systems. Crane also serves another purpose: it grows white oaks.

In 1974 Crane had been recommended by then commanding officer Capt. Richard L. McCarthy to establish two large groves of white oak trees which, when mature, would provide the planking for the hull of the USS Constitution. Some of the best white oak in the world is found in Indiana and NSWC Crane is in the heart of the white oaks natural range.

Crane is over 62,000 acres; 83 percent of it is forest. Terry Hobson, a forestry program manager at Crane explained, "We have an active forest management program that helps keep track of all the trees. When we locate suitable trees for the Constitution we mark their location with a handheld GPS unit which is then downloaded into our Geographic Information System (GIS)." This system, in conjunction with an associated database, maps out all the white oaks on the base and provides information such as size and height.

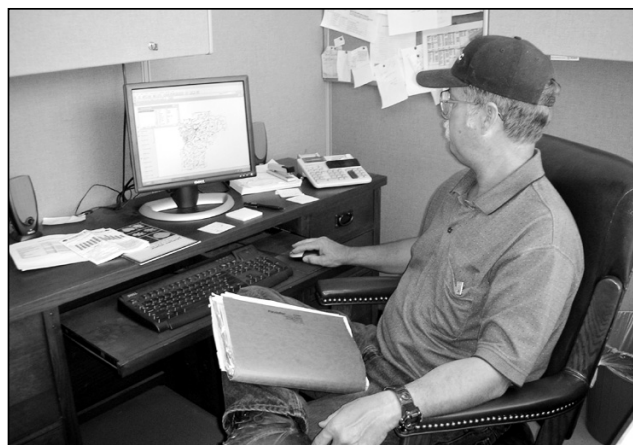
The planking for the USS Constitution requires a high-quality timber with straight grains and as few knots as possible. "The planks are approximately seven inches thick, 12 inches wide and up to 40 feet long. They don't use the heart in the tree so if you're sawing that size dimension wood off the side of the log it takes a really big tree," said Hobson.

These trees are known in the timber industry as veneer trees since they are generally used for veneer in fine furniture, doors, and paneling. Veneer trees of the quality being used for the USS Constitution would command prices of \$2,000 to \$4,000 each if sold on the open market.

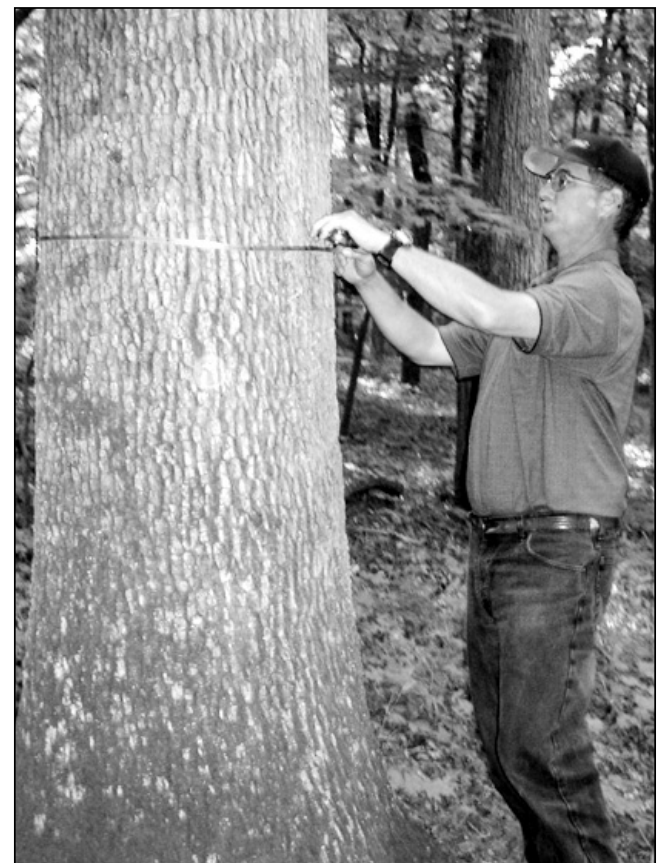
Another reason for specifically using white oaks is the nature of the wood. Hobson explained, "The vessels of the wood are stopped up with tyloses (growths that come in pores of wood) that makes the wood impervious to water. It's also how the Constitution got its name "Old Ironsides". The planking was so tough, the cannon balls bounced off the hull; all due to the white oak."

Crane currently has 80 trees saved for the USS Constitution. Every year while marking timber as part of their timber sale program, the foresters find about 10-12 more trees to add to that number.

The next dry docking period for the USS Constitution is tentatively set for 2017. Hobson said, "The needs are dictated by inspections; how much decay there is, when they plan to do minor work. But whenever that is, we'll have the trees."



Terry Hobson uses GIS to keep track of all the white oaks chosen for the USS Constitution. The GIS maps out the whole base and places green dots where the white oaks are located.



Hobson, one of two foresters at NSWC Crane, measures the diameter of a white oak. To fit the requirements for the USS Constitution, white oaks should be at least 34 inches in diameter and 30 feet tall to the first branch. *Photos by PH1(AW/SW) V. K. Schaefer*

Forest City, TPU assist in school field day

By **JUDY R. LAZARUS**
Bulletin Associate Editor

Forest City Military Communities and Transient Personnel Unit (TPU) contributed to the fun when students from A. J. Katzenmaier School held their field day last week. Forest City supplied 400 drinks, including water and a variety of fruit juices, for the thirsty participants. Seven TPU Sailors assisted during the activities.

Events included water balloon toss, a potato sack race, standing long jump, and wacky clothes relay. One person was assigned to supervise each event.

"The Navy people are really making this a go," said Brian Eck, Katzenmaier PE teacher.

The TPU Sailors were recruited by FC1(SW/AW) Laura Bates whose son, Matthew, is a first grader at the school.

"The school needed people to help out," said Bates, whose mother even brought ice.

"The military volunteers really made this a successful event," noted Principal Robert Kietyka.



Above: Daphne Jones, of Forest City Military Communities, supplies drinks for thirsty students.



Left: Get ready, get set, go ... Clad in potato sacks, students compete in the race. Photos by Judy R. Lazarus

Earned retirement opportunities act gives combat troops tax help

By **ARMY SGT. SARA WOOD**
American Forces Press Service

WASHINGTON (NNS) — An act signed into law May 29 by President Bush solves a conflict in the tax code by allowing service members who serve in a combat zone to still contribute to their individual retirement accounts, a Defense Department official said here May 31.

The Heroes Earned Retirement Opportunities Act amends the Internal Revenue Code to allow service members to

include tax-exempt combat zone pay in determining the allowable income tax deduction for contributions to retirement savings plans, said Army Lt. Col. Janet Fenton, executive director of the Armed Forces Tax Council.

The tax code requires a certain amount of taxable income for someone to be qualified to deduct contributions to retirement plans, Fenton said. Service members who received tax-exempt pay in combat zones were running into trouble because their taxable income wasn't high enough, so they

were either prevented from contributing to their retirement accounts, or they were facing tax penalties for doing so, she said.

The "Heroes Act," as it's been dubbed, makes an exception to the rules about retirement accounts for service members in combat zones, Fenton said.

"It's just a specific act to help our military members in the combat zone who are using individual retirement accounts," Fenton said.

The Heroes Act is retroactive for two years, so anyone who has served in a com-

bat zone in the past two years can fix tax problems or make contributions they may have missed due to this problem, she said. These service members have three years to fix problems from the past.

"They don't need to panic or do anything right away; they have a large window of time," Fenton said.

The Internal Revenue Service will soon be issuing more guidance for service members who qualify under the Heroes Act, Fenton said. In the meantime, questions can be directed to military legal offices.

Navy college office to conduct workshop

By **JIM BOYLAN**
Bulletin Associate Editor

The Navy College Office will conduct an Enlisted Education Requirement (EER) Workshop on Monday, June 13 in Lifelong Learning Center, Bldg. 617, Room 220 from 11 a.m. until 12:30 p.m.

This workshop will go over all requirements for a Sailor to make E-8 and the necessary steps one must take to be eligible under the new EER Initiative. If you are an E-7 and will be eligible for E-8 during the 2009 advancement cycle you should plan on attending this valuable workshop.

Please note that if you wish to pursue a degree program you must choose an accredited school recognized by the U. S. Department of Education and be enrolled in that school before Oct. 1, 2006.

If you are working toward an associate degree, you must finish prior to Jan. 1, 2008. If you are heading for a bachelor's degree you must have completed at least 50 percent of the your academic workload by Jan. 1, 2008.

If you begin a degree program after Oct. 1, 2006, it must be approved rate-relevant to qualify. Sailors who finished a degree pro-

gram after Jan. 1, 2008 must also have an approved rate-relevant degree to qualify. All degrees must be validated in the Sailor's electronic training jacket no later than November 1, 2009 for the FY-2010 selection board that convenes in November 2009.

"You need to get the lowdown on the overall program of academic pursuit and you need to choose the school," said Anthony Tomei, director of Navy College Office. "We will make sure that Sailors get the counseling they need, our office makes sure that everyone is seen."

The workshop will cover how to obtain information on-line in a step-by-step process. Workshop attendees will investigate approved rate-related degree options, obtain needed counseling, and learn the process of various funding sources and other important information.

Dennis Hanson, a Navy Campus education services specialist said Sailors who attend the workshop will learn how to select course(s) that are approved to meet Navy rate-related standards and also meet their college degree requirements.

For additional information about the workshop, call (847) 688-4681, ext. 216.



MCPON aboard

On May 18, RTC STCS(SS) Mike Harrell was frocked to senior chief petty officer. His new collar devices were pinned on by his wife Malissa. On hand for the ceremony was Master Chief of the Navy Terry Scott, who also served as the guest of honor at the May 19 recruit graduation. Photo by FC2(SW) Jason Mosher

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Special Military Discounts Offered on Navy Weekend at Six Flags Great America including their new waterpark!

Six Flags Great America (in conjunction with the MWR Department) salutes the military community by offering a special discounted ticket price on Sat., June 17 or Sun., June 18 (choice of either day) from 10 a.m. to 6 p.m. All active duty military, reservists, retirees, DoD employees and their family members and guests are eligible to participate in this spectacular weekend of fun including Six Flag's new waterpark, "Hurricane Harbor"!

Tickets cost \$26.50 per person. Parking is free. Tickets will be on sale at ITT, Bldg. 400-Student NEX Store; Great Lakes Youth Center, Bldg. 2600; The Loft, Bldg. 2A; Zapper's, Bldg.'s 130-H (HCS), 616 and 621; RTC Recreation Center, Bldg. 1326 and Kid's World-Glenview, Bldg 8801. Tickets must be purchased in advance. Discounted tickets are not available at Six Flag's main Gate.

Six Flags Great America/Hurricane Harbor Waterpark

Purchase your daily and season passes for Six Flags Great America, which includes the new Hurricane Harbor Waterpark at the ITT Office. Admission: \$38 - Adults; \$36.25 - Children (under 54"); 2-Day Pass - \$55; Season Pass - \$90 per person.

Military Ticket Vouchers (MTV)

Through the Military Ticket Vouchers (MTV) program, ITT Offices can provide their customers discounted pre-paid admission to theatres, theme parks, museums and other attractions throughout North American. Military Ticket Vouchers can also be used to save significantly on the cost of lodging reservations at hotels and resorts throughout the U.S. Call today to for a list of attractions at 688-3537.

MWR's Gold Card!

With built in discounts and ongoing specials, the Gold Card is a great tool for tons of savings at various MWR locations. The card also has a "scratch-off" component for instant prizes including free bowling passes, free movie passes, NEX gift certificates (\$25/\$50 and \$100) and top

prizes including a round trip airline ticket! All scratch-off prizes must be redeemed at the ITT Ticket Office-Bldg. 400. How do you use the Cold Card? Keep your Gold Card with you at all times and present it at any participating MWR location and receive the specials offered - see the back of the card for special discount offers!

June Specials ... Rynish Bowling Center: Buy one game of bowling (reg. price) and get two games free (any day in June during normal operational hours-no planet bowl). At Ross movie theater: \$1 Movies in June for all those who present their Gold Card and preferred seating at the Sneak Preview of "Superman Returns" on Sun., June 25 (limited to the first 250 people and must be there at least 1/2 hour prior to the movie starting).

Chicago Cubs

All July tickets cost \$52 each. The following July games are available for purchase: Sat., July 1; TBD vs CWS; Sun., July 2; 1:20 p.m. vs CWS; Sat., July 15; TBD vs NYM; Sun., July 16; 1:20 p.m. vs NYM; Tues., July 18; 7:05 p.m. vs Hou; Wed., July 19; 7:05 p.m. vs Hou; Thurs., July 27; 7:05 p.m. vs STL; Sat., July 29; TBD vs STL; Sun., July 30; 1:20 p.m. vs STL; Mon., July 31; 7:05 p.m. vs AZ. Restrictions: Limit two tickets per person, one game per month. There is absolutely zero tolerance in the resale of ITT's tickets. When you purchase your ticket and sign your name to it, you are bound to that agreement. See posted signage for details.

Leisure Travel Office at ITT

The MWR Department's ITT Office is pleased to announce the opening of a leisure travel operation, in cooperation with Fox World /American Express, in the ITT Office, Bldg 400 (NEX Student Store). An experienced travel agent will be available on Mondays and Wednesdays from 10 a.m.-5 p.m. to handle leisure travel needs including...

- Air travel at special Military discounts!
- Emergency and dependant travel!
- Off duty and leave (vacations)!
- Tours and cruises, many at Military discounts!

Special Military Discounts on Travel

Did you know the MWR-ITT Travel Desk offers special Military Discounts for outbound travel or for those visiting Great Lakes? That's right. We have outstanding rates available with all major tour and cruise operators, and right now Carnival is offering a Family and Friends Military Special for bookings made by June 30th. You can receive up to three staterooms at the same Military rate for select sailings through December

15th. Call Fox World Travel at the MWR-ITT Travel Desk at 877-805-9157, or stop by the ITT office, Bldg 400 (NEX Student Store) on Mondays or Wednesdays from 10 a.m. - 5 p.m. An experienced travel specialist will be on hand to handle all your personal, leave and vacation travel needs!

Noah's Ark - America's Largest Waterpark!

Residing on 70 acres in the heart of Wisconsin Dells, Noah's Ark, America's Largest Waterpark, boasts 41 waterslides, two huge wave pools, two endless rivers, four children's water play areas, Paradise Lagoon activity pool, two group amusement rides, 18-hole mini golf, three arcades, shopping, gourmet desserts and much more! Noah's Ark is continually evolving, offering the most variety of water rides anywhere in the nation. This summer is no exception with the introduction of "Time Warp" the world's largest family bowl ride. The ticket cost is only \$26 each at the ITT Office.

Stop by the ITT Office for more information on Amtrak Services!

Commemorative Bricks

Etch your name in Great Lakes' history by purchasing a Commemorative Brick, available through the ITT Office. Bricks will be placed around the walkway to graduation at the Recruit Training Command. For more details, and/or to fill out an order form, stop by the ITT Office today!

Welcome Lodging offers discount rates to base personnel...

Welcome Lodging of Waukegan is offering extra low rates for all base personnel-starting at \$49.99/night, which includes their fabulous breakfast bar. Quality rooms may be enjoyed at a great price and located just three miles north of the base at 619 S. Green Bay Rd. Call 847/662-3200 for reservations today! Use code *NVGL* when booking your reservations. www.welcomelodging.com

Holiday Inn Hotel & Suites Chicago Downtown

Now serving Great Lakes with discounted rates from \$89/Night (King or two double beds). Located on Harrison St. at Canal St., four blocks south of the METRA Kenosha North Line stop and two blocks from Amtrak/Union Station, Greyhound Terminal, and Scarlett's.

Hotel features an outdoor rooftop pool & deck and Aurelio's Pizza & Lounge. Sears Tower, Greek Town, Grant Park, the Museum Campus, and the Lakefront are all minutes away. Clinton "L" stop of the CTA Blue Line is located at the base of the hotel.

★ ROSS ★ THEATER

Movies: \$2-Adult (Military or DOD)

\$1-Child (ages 6-11), Free-Under age 6

Ross Theater is located in Bldg. 110 and is open to everyone. Children 17 years of age and under trying to gain access to a "R-Rated" movie must be accompanied by an adult.

GREAT MOVIES AT A GREAT PRICE!

Fri., June 9
6 p.m.



PG 13~For brief strong language and some sexual references. (115 Min.)

Fri., June 9
8:30 p.m.



PG 13~For some intense action violence and a scene of sensuality. (105 Min.)

Sat., June 10
6 p.m.



PG 13~For some crude remarks. (103 Min.)

Sat., June 10
8:30 p.m.



R~For strong horror violence and gore, disturbing images, and some language. (127 Min.)

Sun., June 11
3:30 p.m.



PG~For some language. (112 Min.)

Sun., June 11
6 p.m.



R~For language and some sexual content. (92 Min.)

The movie schedule is subject to change without notice.

For up-to-date information,
call the MWR Scoop Line at 688-2110, ext. 697,

24 hours-a-day or check the web site at

www.mwrgl.com



Places to dine • Places to go

Pub 140 offers fabulous June Specials!

Back for the warm weather months ... Pub 140 offers a "Grill Your Own" menu: Steaks, Hamburgers, Salmon and Chicken Breasts! Come and enjoy the beautiful Lake Michigan view, and pleasant atmosphere! Play Instant Win Bingo for cash prizes in Pub 140.

Karaoke every Wednesday!

Thursdays -Frozen Drink Specials (non-alcoholic) \$3

Today - A pound of succulent "Peel-n-Eat" shrimp and a draft beer only \$12.95 from 4-8 p.m.

Fri., June 16 - BBQ pork ribs, picnic potato salad, coleslaw, cornbread muffin. Served with a soda only \$9.95 from 4-8 p.m.

Fri., June 23 - All you can eat appetizers, \$6.95 per person (dine in, only); 4-8 p.m.

Fri., June 30 - "Grill Your Own" marinated kabobs. Choose from: steak \$9.95; chicken \$5.95; or shrimp \$10.95. Served with steakhouse potato salad, coleslaw and a tossed salad. From 4-9 p.m.

PUB 140's hours of operation are Wed.-Fri., 4-9 p.m.

PUB 140 is open to all staff members and is located in Bldg. 140.

For more information, call 688-6946.



Morale, Welfare & Recreation

Chaplain's Corner



Some thoughts on ‘The Da Vinci Code’

By **CAPT. JAY LAMBERT**
CHC, USN

As the movie, “The Da Vinci Code” makes its rounds through the theaters, I think it appropriate to say some things to set the record straight. As a chaplain and priest of the Anglican Communion, I do not presume to know the inner workings of the Roman Catholic Church, but I know much about early Christianity and the formation of the Canon — the process of how the books of the Bible became sacred Scripture. Let me outline some assumptions of the “Da Vinci Code” and then counter fiction with fact.

Fiction: The Canon deliberately kept out the true writings about Jesus. This was done by a small group of people who wanted to control the church by insisting on certain writings that fit their agenda.

Fact: The establishment of the Canon was as necessary to the Church as good order and discipline is to the military. Formation of the Canon took place over several generations and in many geographical locales. It became set in the year 367 and the Scriptures that formed the Canon were embraced by Christian communities for the purpose of worship. Formation of the Canon was an amazingly open process. If it were closed, why would the Church embrace four Gospels? Why not just one? The four Gospels took hold because the Church’s disciples remembered the words of Jesus, and these sayings were passed down as oral tradition that the Gospels reflected.

Fiction: The Church was wrong to exclude the writings that produced the “Da Vinci Code.”

Fact: Excluded writings were either unknown to the early Church or represented false teachings of heretical groups. Some writings were silly such as Jesus’ killing of playmates when he was a child or his miraculously stretching boards to fit in the carpenter’s shop.

Fiction: Jesus secretly married Mary Magdalene, and they had a child named Sarah. Mary escaped with Sarah to Egypt to avoid capture by the Church in Jerusalem. They eventually ended up on the southern coast of France.

Fact: If Jesus married and had a child, why would that truth need to be hidden by the Church? Instead, the Church would have celebrated this event. Early Christians held Jesus’ family in high esteem. They honored his mother, the Virgin Mary, and his brother, James, who was in charge of the Church in Jerusalem.

Fiction: The disciple to Jesus’ immediate right in Leonardo Da Vinci’s Last Supper is Mary Magdalene.

Fact: The disciple to Jesus’ right is John, the Beloved Disciple. If the person to Jesus’ right is Mary Magdalene, where is John in the painting? He is obviously important, so where is he?

It is easy to make stuff up. We can say Jesus appeared in Tokyo and later was reincarnated as Abraham Lincoln. We can say he stood at the grassy knoll in Dallas trying to prevent the assassination of President Kennedy. Thinking like this is a waste of time—time better spent reading the real Scriptures and allowing them to challenge us and fill us with God’s Grace.

As for “The Da Vinci Code,” enjoy the fiction, but remember, that’s what it is!



First patient

Alexandar Todd, 17-month-old Navy family member, is seen at the North Chicago VA Medical Center (NCVAMC) emergency department. Alexandar was the first pediatric patient seen at NCVAMC that opened June 1. Alexandar is being examined by Dr. Villaruz as Deborah Davis, nursing assistant, and Alexandar’s father James, looks on. Alexandar’s Mom, Jeannette, is on active duty in the Navy. *Photo courtesy of NCVAMC.*

June 9 – This day in Navy history

- 1882 - Establishment of Office of Naval Records of the War of the Rebellion.
- 1942 - First Navy photographic interpretation unit set up in the Atlantic.
- 1959 - Launching of USS George Washington (SSBN-598), first nuclear powered fleet ballistic missile submarine, at Groton, Conn.

Funfest for kids at Greenbelt Cultural Center

There’s fun for the whole family at Kids Nature Funfest at the Greenbelt Cultural Center near North Chicago. Come and enjoy free entertainment, games and other fun activities at this family festival on Sunday, June 11, from 2 to 5 p.m.

Featured activities at Kids Nature Funfest include crafting, face painting, a moonwalk, pony rides, music and dancing. Clowns, a magician, a balloonist and a DJ will entertain throughout the day. Kids can also win prizes by playing a variety of free games. Snow cones, popcorn and cotton candy will be served.

Kids Nature Funfest is a part of the free

Sounds of Summer concert series at Greenbelt Cultural Center and is sponsored by Starbucks.

The Center is located at 1215 Green Bay Road in North Chicago. Parking is available on site and at the Greenbelt Forest Preserve parking area on Dugdale Road with shuttle service provided to the Center. For more information on Kids Nature Funfest or the concert series call (847) 968-3477.

For additional information on this or other Forest Preserve programs call (847) 367-6640 and request a free copy of the Horizons quarterly newsletter or visit online at www.LCFPD.org.

Teaching as a second career?

On June 20, the Lifelong Learning Center will be conducting two sessions beginning at 9:30 a.m. and 1 p.m. in Bldg. 617, Room 216 for those of you who have ever thought about teaching.

“Troops to Teachers,” a cooperative program of the U.S. Department of Education and the U.S. Department of Defense, is designed to assist eligible military personnel who wish to pursue a second career as a

teacher in America’s schools.

State coordinators from Illinois, Michigan, Indiana, Wisconsin and Minnesota “Troops to Teachers” Programs will be on base to answer your questions about the program and teaching as a second career.

For further information please contact the Lifelong Learning Center at 688-4681, ext. 216.

Command Religious Program Schedule

Catholic

Sun., 9 a.m. Sunday MassBluejacket Memorial Chapel
Sun., 10:30 a.m. Sunday MassNaval Hospital All Faiths Chapel
Sun., Noon Sunday MassForrestal Village Chapel
Mon.-Fri., 11:45 a.m. Weekday MassBluejacket Memorial Chapel
Sun., 10:30-11:30 a.m. CCDBldg. 122
Sun, 10:30 a.m. Catholics Seeking ChristBluejacket Memorial Chapel

Protestant

Wed., Noon Praise, Word and WorshipNaval Hospital All Faiths Chapel
Sun., 10:30 a.m. Contemporary WorshipBluejacket Memorial Chapel
Sun., 10 a.m. Family Worship ServiceForrestal Village Chapel

Church of Jesus Christ of Latter Day Saints

Sun., 1:30 p.m.Naval Hospital All Faiths Chapel

Liturgical Protestant

Sun., 12:15 a.m., Holy EucharistBluejacket Memorial Chapel

Anglican priests Chaplains Allen (at Forrestal) and Ray (at Bluejackets), will co-lead this service. Worship follows the forms of the Book of Common Prayer and should be familiar to most Christians of a liturgical background. Holy Communion is open to all baptized Christians who seek and recognize the presence of Christ in the Eucharist.

Great Lakes chaplains are happy to help you find a place of worship according to your tradition and needs.

Chapels

- Bluejacket Memorial Chapel - Bldg. 3, NTC
- Forrestal Village Chapel - Bldg. 2630, Ohio St., Forrestal Village
- Naval Hospital All Faiths Chapel, Wing 2 South
- For more information about any of the services or events listed in this schedule, call 688-5610

SportScene

All-Navy Golf team is looking for applicants

By **INGRID MUELLER**
CNIC Millington Detachment

MILLINGTON, Tenn. — The Navy Sports Program is looking for Sailors who are interested in competing for a spot on the All-Navy golf team, which will hold its try-outs Aug. 1-4 at Naval Support Activity Mid-South, Millington, Tenn.

"Golf is one of our most competitive sports" said Donald Golden, head of the Navy Sports Program for the Navy's Morale, Welfare and Recreation (MWR) Division, Commander, Navy Installations Command (CNIC), Millington Detachment. "It is also one of our sports with strict qualifying standards. Athletes must have at least a 5 handicap in order to be considered. However, regardless of how good a person's

handicap is, the most important factor we consider is the amount of stroke-play tournaments an athlete participates in."

Sailors who meet these qualifications are encouraged to complete a Navy Sports Program application, which is available on the MWR Web site at www.mwr.navy.mil/mwrprgms/sports.htm. The application, which gathers basic command and personal information, must be signed by the individual's commanding officer. Applications are due to the Navy Sports Office no later than July 1. To expedite the process, applications can be submitted via fax to 901-874-6831/DSN 882.

"There is no cost to the Sailor's command," said Golden. "Once an individual is selected, the Navy Sports Program will pay for all costs involved with participation in the program."

The top six men and three women golfers at the Navy tryouts will comprise the All-Navy Golf team, which will compete in the Armed Forces Golf Championship Aug. 5-11 against teams from the Marine Corps, Army and Air Force at Vandenberg Air Force Base in California.

Following inter-service competition, the top six male and two female finishers overall will be selected to compete as members of the U.S. All-Armed Forces Golf Team and go on to the Conseil International du Sport Militaire (CISM) Championship, which will be held in Galway, Ireland, Aug. 13-19. There the athletes will compete against military teams from around the world.

"It is important to note, that in order to be considered for participation in the CISM International Championship, individuals

must have a current U.S. passport," added Golden. "If an individual finishes in one of the top spots and does not have a current passport, the next finisher in line will be given the opportunity to advance."

Completed applications should be faxed to the Navy Sports Office at 901-874-6831. Applications may also be mailed to: Commander, Navy Installations Command, Millington Detachment, Navy Sports Office, N221E, 5720 Integrity Drive, Bldg. 457, Millington, TN 38054-6510.

For the complete sports schedule and more information, including the Navy Sports application, please visit the Navy Sports Web site at www.mwr.navy.mil/mwrprgms/sports.htm or call the Navy Sports Office at (901) 874-6621/DSN 882 or e-mail at donald.golden@navy.mil.

Why take a boating safety course?

By **JIM BOYLAN**
Bulletin Associated Editor

Throughout the year, many people operate motor-driven watercraft on Illinois waters and many for the first time. If you plan to be out on the water this summer, boaters of all skills from novice to experienced, should consider taking a boating safety course.

The Illinois Boating Education course is sponsored by the Illinois Department of Natural Resources (IDNR) and given by Bruce Scottberg. The subjects covered in the Boating Safety Class are: basic boating safety, equipment and requirements, registration and titling, navigation, emergency measures, and Illinois boating laws.

The next class begins on Wednesday, June 21 at the Naval Station Safety Office, Bldg. 3400 Room 230 on the corner of Green Bay and Buckley Road. Enter from the west end of the building. The class begins at 7:30 a.m. and ends

at 3:30 p.m. This program is available to all military personnel, family members and DoD employees.

The minimum age for the class is 10. Upon successful completion of the course, the student will be mailed the certificate when they reach 12. The class is eight hours including the written test.

Persons at least 12 and less than 18 years of age may operate a motorboat, including personal watercraft, in Illinois if they are in possession of a certification card issued by the IDNR attesting to the successful completion of the boating education course.

Contact the NAVSTA Safety Office today at 688-2035/2036 or e-mail Ross Johnson at ross.w.johnson.ctr@navy.mil to reserve a seat.



Slam champs

The Scion Slam 3-on-3 basketball tournament concluded last Saturday and the winning team was the RTC Wolverines who took away the \$1,000 top prize. Forty-four teams registered for the second annual basketball tournament. Great Lakes was one of only 12 military bases to host a Scion Slam event in 2006. *Photo courtesy of MWR*

Great Lakes Fitness Center

Bldg. 2A, 688-5649

Fitness & Sports Division

Courts Plus-Bldg. 4; 688-6750, Gym 80-H; 688-7692, Fieldhouse-Bldg. 440; 688-3419, Great Lakes Fitness Center-Bldg. 2A; 688-5649.

All event/league registrations and manager's meetings take place at the Fitness & Sports Office in Bldg. 440, unless otherwise noted. Turn in registration and forfeiture letters at Bldg. 440. Leagues are open to all active duty and retired military, reservists, family members with an ID and DoD employees with a valid gym membership. For additional information, call 688-3419.

2006 5K Races

Race entry fee is \$12 per person/race! Register at the Fieldhouse (Bldg. 440) for each race. Sign five runners up from the same command and run as a team. The team cost is \$55 per team/race. The first 75 runners to register for each race will receive a free gift. All races begin at Courts Plus (Bldg. 4). Schedule: June 21 at 5 p.m., Garfield Birthday 5K Race. August 3 at 5 p.m., Watermelon 5K Race. Sept. 12 at 5 p.m., Video Day 5K Race.

Summer Slam Softball Tournament

This Softball Tournament is set for Sat., June 24.

Captain's Cup Tennis League!

Compete in this challenging Captain's Cup Tennis League, which begins on Mon., June 12.

Aquatics

Indoor Pool, Bldg. 440, 688-7692/3419

Water Polo Equipment Available!

For Commands looking for a new fun fitness program, water polo equipment is now available for use! For more information, please call the aquatics manager at 688-3419.

Nunn Beach's hours of operation are as follows: Thurs., Fri., Sat., Sun. and holidays, 11 a.m.-5 p.m. (weather permitting).

Lake Bluff Pool Passes!

The Fitness and Sports Division is selling Lake Bluff Pool passes at the Fieldhouse (Bldg. 440). Tickets cost \$3.50 each, or purchase a bundle of 10 tickets for \$30. Once sales are final, there are no refunds. For further information, call 699-3419.

Water Polo

Play Water Polo every Wednesday from 5-6 p.m., beginning mid-June. See the aquatics manager for details.

Youth Swim Lessons

Youth Swim Lessons are scheduled in 4-week sessions on Tuesdays and Thursdays from 5-5:45 p.m. Session 1 runs from June 6-29. Please have students ready to begin promptly at 5 p.m. The cost per session/child is \$40, \$70 for two children, or \$100 for three children (all in the same family).

Private Swim Lessons

Private Swim Lessons cost \$15 per class / or \$50 for 4 classes. These lessons will be arranged with the Aquatics Manager

Pool Parties

Reserve the Indoor Pool (Bldg. 440) for your next party on either Saturday or Sunday from 3-5 p.m. The cost is \$75 for 15 children (chips and soda included). Each additional child is \$4. Participants may bring their own cake, food/drink and decorations. A party room is provided. Call the aquatics branch for full details at 688-3419.

Mainstreet Libertyville's first golf outing

Mainstreet Libertyville is excited to announce it's first golf outing Monday, June 26. The outing will run from noon to 8 p.m. at the Bonnie Brook Golf Course, 2800 North Lewis Avenue, Waukegan.

Outing fees are \$99 per person, which includes lunch, dinner, cocktail reception, greens fee, bag drop and scoring assistance, driving range, and a beverage cart, with two free drinks per golfer. Mulligans will be sold, and there will be a 'string game' sale, with three feet of string available for \$10 (limit five feet per foursome).

Format: Scramble
11:30 a.m. — registration and lunch
12:30 p.m. — shotgun start
5-6 p.m. — cocktail reception: hors d'oeuvres and open bar
6:00 p.m. — dinner and cash bar

For more information call the MainStreet office at (847) 680-0336, or the Bonnie Brook golf course at (847) 360-4730 to RSVP.

An informative listen on the life of Winston Churchill

By **LT. CMDR. YOUSSEF ABOUL-ENEIN**
MSC, USN

Winston Churchill: Man of the Century, 14 lectures on CD by Professor John Ramsden of the Queen Mary University of London. Published by Recorded Books, 270 Skipjack Road, Prince Frederick, Maryland at www.moderscholar.com. Seven CDs, 2004.

The Modern Scholar series published by Recorded Books offers the best professors and college-level teachers on your CD. For a half hour each day, or in my case over an hour commute, you can enjoy the world's best professors of history, literature, military sciences and much more.

This week's review will highlight an excellent set of CDs entitled Winston Churchill: Man of the Century that is delivered by the most preeminent scholar on Churchill, British Professor John Ramsden.

Many read about Churchill for different reasons. For one, it is impossible to understand the power of the Allied cause in World War II without understanding Winston Churchill. It was Churchill who in 1946 predicted the coming of a Cold War between the Soviet Union and the Western Democracies in Fulton, Missouri. Churchill is the only politician to win a Nobel Prize for literature; most politicians win the Noble Prize for peace.

Listeners will learn how Churchill used his half American heritage to endear himself to the United States. He was a man who spent over 60 years in British politics first in Parliament, then in cabinet posts and Prime Minister twice through the dark days of World War II and again in 1951.

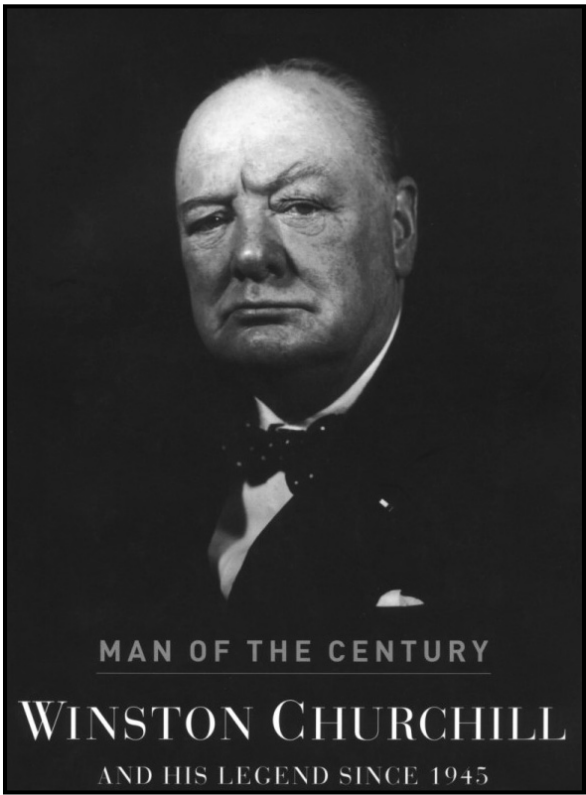
The CD's do not pull any punches and despite Churchill's love of liberty, democracy and tenacious fight against the Axis Powers, he refused to acknowledge the right of self-government for India and the African possessions of England. Churchill was an underachiever as a schoolboy and it took him a few tries to

get into Sandhurst Military Academy. There he excelled in English and he would make a name for himself as a war correspondent and an outspoken critic of British military decision-making in British colonies and possessions in the Sudan, South Africa and India.

He was among the few British officers sent to cover the Spanish-American War. He would transform his writings to launch a political career being elected to Parliament in 1900. Churchill always prided himself in being in the House of Commons and although he could have been in the House of Lords this would mean giving up the ultimate prize of being prime minister for himself and his eldest son Randolph. Churchill was not without his faults. In 1915, as First Lord of the Admiralty he suffered a major political setback in the amphibious landing of the Dardanelles. He could have retired from public life, but instead volunteered to soldier as an officer in Flanders in World War I.

His World War II years expose Churchill the orator, and Professor Ramsden does a fine job of exposing listeners to the methodical and careful preparation Churchill took in his speeches. He often rehearsed his lines that would become famous, like when British forces evacuated with French allies at Dunkirk, he affirmed that Britain would fight in the streets, the hills, or during the Cold War when he made the prophetic declaration of an iron curtain descending upon Europe.

Listeners will also understand the more controversial side of Churchill such as his failure to understand that the British Empire needed to divest itself of colonies and grant independence to African nations and India. Yet in his funeral in 1965, India's first President Nehru committed himself to attending as well as other leaders of independent British colonies, because of his greatness and leadership in World War II. Spend time in your car or jogging listening to this series of lectures on CD.



Your “Home Away From Home”

For current program info see Web site:

www.uso.org/Illinois

Your USO Great Lakes “Home Away From Home” Has So Much to Offer!.

Six computers with Internet, printers and fax (\$1 per hr)

A library with books and magazines you can take with you! FREE

Quiet study rooms large enough for groups.

Big screen movie rooms with all the latest movies. FREE!

Four Pool tables FREE!

A Music Room with guitars, drum set, keyboard and amps. FREE!

Art Room loaded with art supplies. FREE!

Play station 2, N-64 and X-Box with all the latest games. FREE!

NO DOUGH DINNER/KAROE! We feed you the night before payday!

Don't forget “No-Dough” dinner the night before each payday at 5:30 p.m.

NAVY PIER TICKET INFORMATION

The Standard I-Max tickets: Regular price \$10.50. USO Price is \$5.

Standard tickets cover the 50-minute, 3-D movie.

Tickets are available for purchase at the Navy Pier USO.

The Premier I-Max Tickets: Regular price \$14.50. USO Price is \$8.

Premier tickets cover full-length movies and are available for purchase at the Navy Pier USO.

The 3-D Thrill Ride offers discounts when presenting a military ID.

The Sea Dog offers discounts when presenting a military ID.

The Shoreline Water taxi is free for military in uniform.

The Tall Ship Windy offers free rides to military in Uniform.

For information on all USO, special events go to www.uso.org/Illinois and click on link to Special Events or the link for the Calendar of Events. The Great Lakes USO is Located in Building 27 on the Great Lakes Naval Station near the Front Gate. The hours of operation for center usage are Monday-Friday 1500-2100 and Saturday and Sunday 1100-2100. The USO is open Monday – Friday from 0800-1500 for outreach programs, ticket programs, and general assistance. For any questions or comments, call (847) 688-5591. Serving Our Troops Since 1941: The mission of the Corporation is to enhance the quality of life of the U.S. Armed Forces personnel and their families and to create a cooperative relationship between U.S. military communities and involved or supporting civilian communities.

New web site for to assist veterans

The Veteran Transition Center, at www.Military.com/Transition is our latest effort to help the men and women in our military make the most of their service.

They'll find the most up to date info on health benefits, careers, education, relocation and more.

•Resume tools like the “skills translator” to convert military experiences to civilian language; review thousands of jobs; connect with 280,000 veteran mentors

•Browse military friendly schools that offer credit for military experience; tap into \$300 million in military scholarships

•Ease the separation from military life Military.com's membership is eight million strong; the Web site has 35,000 Unit pages, and an active community including Military.com's team of experts, all veterans, and they're ready to help other veterans do the same.

Special hours at NMCRS Great Lakes Thrift Shop

On Saturday, June 17, there will be a 'special' opening of the Great Lakes Thrift Shop from 10 a.m. until 2 p.m. The shop's regular hours are 3:30 to 5:30 p.m. on Wednesdays.

The Thrift Shop is in need of volunteers who can help with the office operations and as a caseworker, listening to requests, making decisions and helping to dispense funds to meet client's needs.

As a volunteer you can help organize and sell donated items, receive on the job training in many areas in order to spruce up your resume. Remember NMCRS pays for childcare and mileage for any family member that volunteers with NMCRS Great Lakes.

For more information please contact Terry Thomas, director, NMCRS Great Lakes at (847) 688-6830.

CoGen visit

Naval Facilities Engineering Command Midwest Executive Officer Cmdr. Tony Edmonds, left, and George Patrick, Public Works Department Great Lakes Utilities and Energy Branch Head, right, lead a tour of the NAVFAC Midwest CoGeneration facility at Naval Station Great Lakes for Assistant Deputy Undersecretary of Defense (Environment, Safety and Occupational Health) Alex Beehler during his visit May 16.

Photo courtesy of NAVFAC Midwest



ULTIMATE COMMAND CHALLENGE

For the second year in a row, students at Training Support Center (TSC) Great Lakes participated in the Ultimate Command Challenge (UCC) last month as part of the redefined Apprentice Military Environment (AME), which aims to promote teamwork and raise esprit de corps.

From Frisbee golf to a tricycle relay, the UCC, which was organized by Morale, Welfare & Recreation (MWR) provided students with unique sport and teamwork opportunities.

In the first week of the competition students participated in a range of activities on Ross Field including Frisbee golf, a seven-ton truck pull and a triathlon. Also in the first week, students were given the opportunity to test their knowledge on Navy history and protocol in a trivia match known as Knowledge Bowl.

In the second week of the competition students headed out onto Constitution Field to participate in kickball, a rope climb, 4x400 tricycle relay, and ultimate monster ball. In addition, a water polo event was held at the gym.

The third week was all about speed and technique as students marched back out onto Ross Field to participate in a 5-K run, bungee basketball, obstacle course, and basketball in the gym.

The final week of the competition was spent on the sand and near the water at Nunn Beach. Students participated in giant volleyball, canoe races, a tire toss, two-person, surf and turf race, and a dunk-tank competition.

There were also opportunities for student competitors to earn some bonus points for their Ship throughout the month with a 9-ball pool tournament at The Loft, football training camp skills, and a dance revolution competition at The Loft. These activities were all voluntary but hundreds of TSC students participated throughout the month.

Overall the UCC consisted of more than 29 events with more than 9,000 total participants.

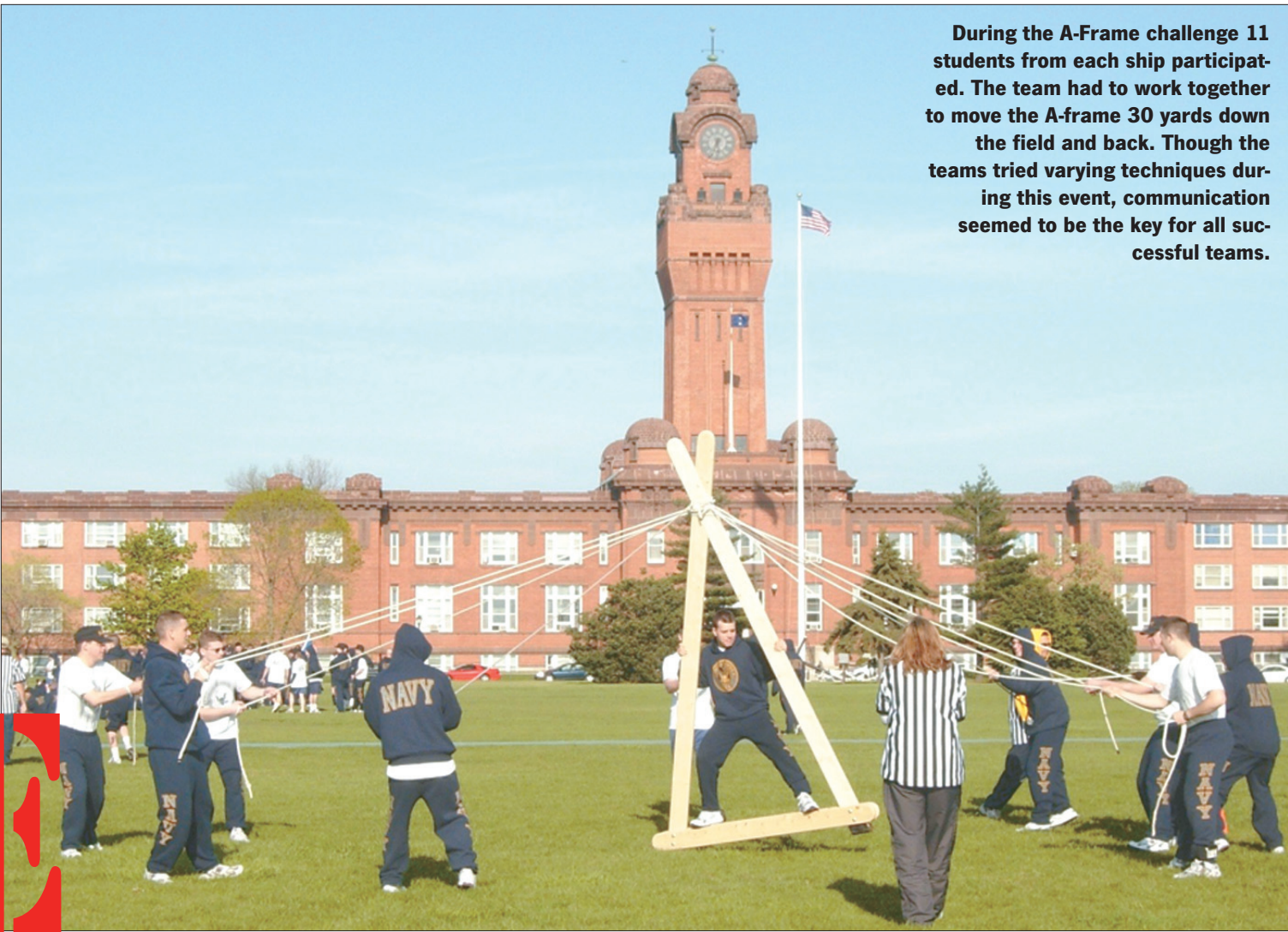
“Because of events like the UCC students are able to stay active and in shape,” said John Prue, MWR recreational director.

The competition also enabled students to interact with their shipmates on a social level.

“It’s also an opportunity to participate in some new recreational activities they (students) may not have tried before, such as Frisbee golf, a 5K run or canoeing,” added Prue.

During the closing ceremony on Ross Field June 1, the USS North Carolina (BEQ 631) was announced the winner and awarded the UCC trophy, cheerio flag and esprit de corps flag.

The next UCC will be held in September.



During the A-Frame challenge 11 students from each ship participated. The team had to work together to move the A-frame 30 yards down the field and back. Though the teams tried varying techniques during this event, communication seemed to be the key for all successful teams.

SHIP	EVENT POINTS	ESPIRIT DE CORPS	SHIP	EVENT POINTS	ESPIRIT DE CORPS
USS England	112	42	USS Farragut	95	31
USS Cole	253	56	USS Essex	238	62
USS N. Carolina	326	80	USS Mustin	183	39
USS B. Richard	18	53	USS Decatur	120	47
USS Porter	278	46	USS New Jersey	115	31
			USS Wisconsin	211	66



During the fourth week of Ultimate Command Challenge, events moved down to the beach. One event was the Canoe Relay Race. Every ship had its six best paddlers compete in this race. The team with the best overall time earned first-place points.



TSC students competed in a seven-ton truck pull. Six students from each ship pulled the large truck 100 yards down the street while being timed. During the full week that this event was held, 264 students participated in this event.



Giant volleyball was another event with the TSC students. In this game, teams played against each other using a 42-inch volleyball. Teams had to work together to maneuver the giant volleyball on the sand court.



The Ultimate Command Challenge could never have happened without the hard work and dedication of its NMT Sports Staff, shown here in referee jerseys at the closing award ceremony on June 1.



For this Esprit De Corps event, each ship was supplied with random props and the theme “Life in the United States Navy: A Day Out at Sea.” Over the week-long event, 44 skits were performed. Pictured is a group right before they perform their skit on stage.



After the month long competition the U.S.S North Carolina emerged victorious, competing the UCC with an astounding 406 points.



Each day of the UCC started with a “Motivational Check In” from the ships. Here on Constitutional Field, students are asked: “Are you motivated?”

Story and photos courtesy of Naval Station MWR.